

SHINE OM YOGA RETREATS

TERMS & CONDITIONS & CODE OF CONDUCT

Hosted by Janet Bradley | Shine Om Yoga

AGREEMENT

By booking and attending a retreat hosted by **Janet Bradley trading as Shine Om Yoga (“the Host”)**, you agree to the following Terms & Conditions and Code of Conduct. These form a legally binding agreement.

1. DEFINITIONS

Activities

Include all retreat-related activities such as yoga classes, workshops, excursions, transportation, swimming, hiking, and any other physical or wellness-based experiences.

Risks

Include, but are not limited to: injury, illness, environmental conditions, travel disruption, equipment failure, food-related issues, and the actions of other participants.

The Host / Company

Refers to Janet Bradley trading as Shine Om Yoga, including employees, contractors, assistants, and venue partners.

2. BOOKING & PAYMENT

- A **£500 non-refundable deposit** is required to secure your place.
 - Your booking is confirmed only once the deposit is received.
 - **Full payment must be made no later than 30 days prior** to the retreat start date.
 - Failure to complete payment may result in cancellation of your booking without refund.
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3. CANCELLATION POLICY (PARTICIPANT)

- **No refunds will be issued under any circumstances.**
- This includes (but is not limited to):

- Illness or injury
- Travel disruption
- Personal circumstances
- No refunds will be provided for:
 - Late arrival
 - Early departure
 - Missed sessions or activities

Participants are strongly advised to obtain comprehensive **travel and cancellation insurance**.

4. CANCELLATION OR CHANGES BY SHINE OM YOGA

- The Host reserves the right to cancel or amend a retreat if necessary.
- In the event of cancellation by the Host, a **full refund of monies paid** will be issued.
- The Host is not responsible for any additional costs incurred (e.g. flights, transfers, insurance, or external accommodation).

5. TRAVEL & INSURANCE

- All travel arrangements are the responsibility of the participant.
- Shine Om Yoga is not liable for travel delays, cancellations, or disruptions.
- Adequate travel and medical insurance is strongly recommended.

6. HEALTH & FITNESS RESPONSIBILITY

By attending, you confirm that:

- You are physically and mentally fit to participate.
- You have sought medical advice where appropriate.
- You have disclosed any relevant medical conditions, injuries, or dietary requirements.

You agree to:

- Take full responsibility for your wellbeing.
- Modify or stop any activity if discomfort arises.
- Communicate openly with instructors regarding limitations.

7. ASSUMPTION OF RISK

- Participation in retreat activities carries inherent risks.
- You voluntarily accept full responsibility for all risks associated with participation.
- Shine Om Yoga shall not be held liable for any injury, illness, loss, or damage incurred.

8. PERSONAL PROPERTY

- You are responsible for your personal belongings at all times.
- Shine Om Yoga accepts no liability for lost, stolen, or damaged items.

9. BEHAVIOUR & RIGHT TO REFUSE PARTICIPATION

- The Host reserves the right to refuse entry or remove any participant at any time for:
 - Disruptive, unsafe, or inappropriate behaviour
 - Breach of these Terms & Conditions
- **Use of substances, including drugs or excessive consumption of alcohol, is not accepted at any time during the retreat.**
- Removal from the retreat will be **without refund**.

10. ACCOMMODATION DISCLAIMER

- Shine Om Yoga partners with third-party venues to host retreats.
- While every effort is made to deliver accommodation as described, **the Host is not liable for any shortcomings relating to the accommodation**, including:
 - Changes to room allocations
 - Differences in room types or layouts
 - Temporary unavailability of facilities
- Any concerns should be raised during the retreat to allow reasonable resolution.

11. FORCE MAJEURE

- Shine Om Yoga is not liable for failure to perform obligations due to events beyond reasonable control, including but not limited to:
 - Natural disasters
 - Pandemics
 - Government restrictions

- Travel disruptions
- Utility failures

12. PHOTOGRAPHY & MEDIA

- Participants may be photographed or filmed during the retreat.
- By attending, you consent to use of this content for:
 - Marketing
 - Social media
 - Website and promotional materials
- You may opt out by notifying the Host in writing prior to the retreat.

13. COMPLAINTS

- Any concerns must be raised **during the retreat** to allow the opportunity for resolution.
- Shine Om Yoga is not responsible for the behaviour of other participants.

14. PRIVACY

- Personal information provided will be used solely for retreat administration.
- Shine Om Yoga does not share personal data with third parties outside necessary service provision.

15. WAIVER, RELEASE & INDEMNITY

- You agree to release and hold harmless Shine Om Yoga and all associated parties from any claims, damages, or liabilities arising from participation.
- You agree not to pursue legal action against the Host for injury, loss, or damage sustained during the retreat.
- You agree to indemnify the Host against any claims resulting from your participation.

16. AMENDMENTS

- Shine Om Yoga reserves the right to make reasonable changes to retreat structure, schedule, or activities where necessary.
- Any significant changes will be communicated as soon as possible.

17. GOVERNING LAW

- These Terms are governed by the laws of the **Isle of Man / United Kingdom**.
- Any disputes shall be subject to the jurisdiction of these courts.

CODE OF CONDUCT – SHINE OM YOGA RETREATS

To ensure a safe, respectful, and supportive environment, all participants agree to the following:

1. RESPECT & COMMUNITY

- Treat all participants, instructors, and staff with respect.
- Maintain a non-judgmental and inclusive environment.

2. PERSONAL RESPONSIBILITY

- Take full responsibility for your physical and emotional wellbeing.
- Respect your own limits and those of others.

3. PARTICIPATION & ETIQUETTE

- Arrive on time for all sessions.
- Participate with presence and openness.
- Respect the structure and flow of sessions.

4. BEHAVIOUR STANDARDS

- No disruptive, aggressive, or inappropriate behaviour.
- No harassment, discrimination, or intimidation.
- **Use of substances, including drugs or excessive alcohol consumption, is not accepted at any time.**

5. PRIVACY & CONFIDENTIALITY

- Respect the privacy of others.
- Personal experiences shared within the group are confidential.

6. DIGITAL & SOCIAL MEDIA ETIQUETTE

- Do not photograph or film others without consent.
- Respect personal boundaries at all times.

7. RESPECT FOR VENUE

- Treat accommodation and retreat spaces with care.
- Follow all venue guidelines.

8. REMOVAL FROM RETREAT

- Failure to comply with this Code may result in removal from the retreat without refund.

FINAL ACKNOWLEDGEMENT

By booking and attending a Shine Om Yoga Retreat, you confirm that you have read, understood, and agreed to these Terms & Conditions and Code of Conduct.